



+Christian Symbol+

SHAMROCK

St. Patrick used the shamrock to teach people about the Godhead. Holding up a shamrock, he challenged them, "Is this one leaf, or three?" Inevitably, people replied that it was both, prompting St. Patrick to draw the analogy that so, too, is God: one God in three Persons — the Holy Trinity.

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Chapel News

Return Service Requested

Christ Evangelical Lutheran Church
337 Farview Avenue
Paramus, New Jersey 07652

Chapel News

CHRIST EVANGELICAL LUTHERAN CHURCH'S MONTHLY NEWSLETTER

Our Staff and Council

Pastor	
Church Secretary	Debbie Geerlof
Sexton	Bob Sakala
Director of Music Ministries	Michael Wittenburg
President	Chris Nilsen
Vice President	Bill Jaichner
Council Secretary	Pam Sakala
Treasurer	Paul Berinato
Recording Fin. Secty	Pat Berinato
Financial Secty	Marge Tomaselli

Inward Ministry Team

Christian Education Shepherd	Pam Sakala
Worship	Carrie Ralston Marge Tomaselli

Outward Ministry Team

Advertising Servant	Linda Polise Anne Carman Rosemary Chandra Jan Behnke
Stewardship	

Administrative Team

Financial Property	Chuck Young Bill Jaichner Chris Nilsen
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Christ Evangelical Lutheran Church

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Soup & Prayers

Soup & Prayers is one of those unique experiences that combines fellowship, Lenten reflection, and super duper soups!

Lent — the season of waiting, a season of self reflection, a season of learning, a season where perhaps “less” extravagant food is really “more”. Our Soup & Prayers program wraps all these things up in a nice, neat little package. If you’ve not joined us before, then this is the year you should, and if you have come before, come back again!

This ministry is a ministry for us. This is something you should experience. At the time of Jesus’ birth, we all freely say “Let’s keep ‘Christ’ in Christmas.” Well, as we prepare for our Saviors’ resurrection, why not freely say, “Let’s keep ‘Christ’ in Lent.”



Join us in the Church Family Room on the following Tuesdays from 6:30 pm – 8:00 pm:

March 7
March 14
March 21
March 28

Come and prepare your heart and soul for Easter.

Pam Sakala
Christian Education Team



Please pray for these loved ones...

Dolores Brickman, Maggie Brower, Mike Chapman, John Cutler, Ken Cutler, Charlie Eidel, Krista Fuchs, Mary Carolyn Harrison, Fred Hesse, Carol Hodgins, Terry Klotz, Dennis & Jennifer Kruk, Anna & Walter Kruk, Renee Lomelino, Jack Lowack, Marie Lupinski, the Maller Family, Irene Maury, Logan Mercer, Erin Raffery, Doris Robinson, Cathy & Roger Schramm, Evelyn Schramm, Dave Splieth, Marge Tomaselli, Lenny van Dam, the Vega Family, Janice & Dave Wedderman, Robert Wiederschall and Peter Zingaro

And those serving in the military...

Bryant Rodriguez Cyriax, Greg Flintall, Devin Vega and Rachel Zarnke

And those who can't always be with us...

Carol DeMott, Al & Barbara Frielink and Irma Weishaupt



Corinne's Cupboard

This year during Lent we are again collecting food items for the Snack Pack Program started by Corinne Sakala years ago.

Many Bergen County school children who receive free or reduced priced school meals are left without adequate nutrition on the weekends and during holiday breaks. The program helps to fill this void by providing healthy, kid-friendly foods to these children. The snack packs are discreetly given to these kids by the classroom teacher on Friday afternoons or before school breaks.

We will collect the following food items for the Snack Packs:

- **Nutri-Grain Snack Bars** – 1.3 oz. (no chocolate or nuts)
- **2% Milk Boxes** – 8 oz., non-flavored, shelf stable

- **Chef Boyardee Microwavable Bowls** – 7.5 oz.
- **100% Juice Boxes** – 6.75 oz.
- **Cold Cereal Boxes** – 1 oz. individual serving size
- **Macaroni & Cheese** – 7.25 oz. boxes

At the end of Lent, we will assemble the items in bags and deliver them to the Center For Food Action who will then deliver them to the Bergen County schools in the program.

If you'd like to help with this effort but would rather make a monetary donation, that's great also. We will use these funds to buy items to complete the packs. If you have any questions, please see Anne Carman or Jan Behnke. Thanks for your help!



Barbara & Al Frielink
Spring Hills
40 Freneau Avenue • Room 3017
Matawan, NJ 07747



We extend our heartfelt sympathy to the family of Edith Sachs, who passed away on January 27, 2023. Wishing her family and loved ones strength and comfort in the months ahead.

Bible Quiz

In the Gospels, Jesus raised several people from death. Which of the following was not one of them?

- Tabitha
- Jairus's daughter
- A widow's son
- Lazarus



Answer: A (See Acts 9, Mark 5, Luke 7, John 11.)

March

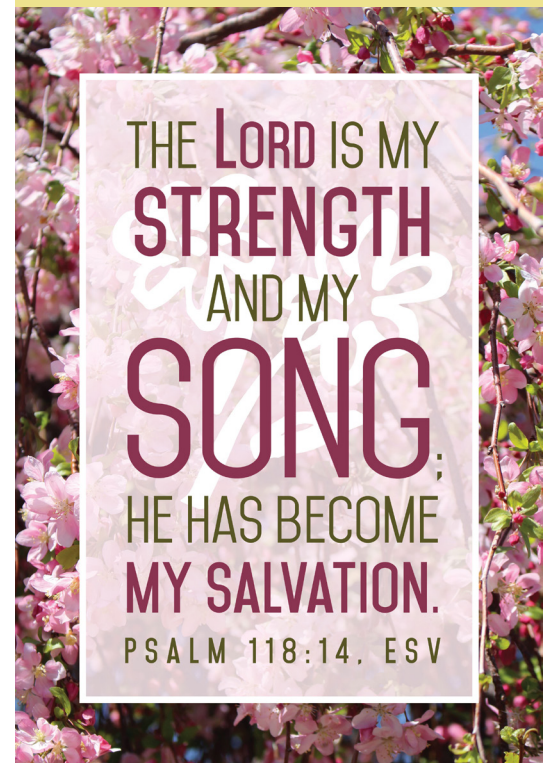
Lay Assistant | Usher
Altar Guild | Counter
Schedule

MARCH 5 10:00am
Lay Assistant Carrie Ralston
Usher Linda Comery
Altar Guild Gina Lally
Counter Anne Carman

MARCH 12 10:00am
Lay Assistant Pam Sakala
Usher Linda Polise
Altar Guild Marge Tomaselli

MARCH 19 10:00am
Lay Assistant Pat Berinato
Usher Linda Comery
Altar Guild Linda Polise
Counter Anne Carman











MARCH 26 10:00am
Lay Assistant Bob Denicola
Usher Anne Carman
Altar Guild Lore Braun



CHRIST EVANGELICAL LUTHERAN CHURCH'S CALENDAR OF EVENTS

MARCH 2023

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

 <p>Maundy Thursday Worship Service April 6</p> <p>Good Friday Worship Service April 7</p> <p>Palm Sunday April 2</p> <p>Easter April 9</p>			1	2	3	4
<p>5</p> <p>Worship Service (CH) 10:00am</p> 	6	<p>7</p>  <p>Soup & Prayers (FR) 6:30pm</p>	8	9	10	11
<p>12</p> <p>Daylight Savings Time Begins</p> <p>Worship Service (CH) 10:00am</p>	13	<p>14</p>  <p>Soup & Prayers (FR) 6:30pm</p>	15	16	<p>17</p>  <p>St. Patrick's Day</p>	<p>18</p>  <p>Crafty Ladies (OB) 10:00am</p>
<p>19</p> <p>Worship Service (CH) 10:00am</p> <p>Council Meeting (OB) 11:30am</p>	<p>20</p>  <p>First Day of Spring</p>	<p>21</p>  <p>Soup & Prayers (FR) 6:30pm</p>	22	23	24	25
<p>26</p> <p>Worship Service (CH) 10:00am</p>	27	<p>28</p>  <p>Soup & Prayers (FR) 6:30pm</p>	29	30	31	<p>1</p>  <p>Crafty Ladies (OB) 10:00am</p>