



+Christian Symbol+

IHS

This sacred monogram originally appeared as "IHC," the first three letters of "IHCOYC," the Greek word for Jesus. Over time the Greek "C" was replaced by the Latin "S" to become "IHS." There are many interpretations given to the letters "IHS," including the Latin "Iesus Hominum Salvator" (Jesus, Savior of Men) and the English "I (Christ) Have Suffered."

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Chapel News

Return Service Requested

Christ Evangelical Lutheran Church
337 Farview Avenue
Paramus, New Jersey 07652

Chapel News

CHRIST EVANGELICAL LUTHERAN CHURCH'S MONTHLY NEWSLETTER

Our Staff and Council

Pastor	Rev. Hayley Bang
Secretary	Debbie Geerlof
Sexton	Bob Sakala
Director of Music Ministries	Michael Wittenburg
President	Chris Nilsen
Vice President	Chuck Young
Secretary	Pam Sakala
Treasurer	Paul Berinato
Recording Financial Secty	Pat Berinato
Financial Secty	Marge Tomaselli
Worship Team	Marge Tomaselli
Shepherd Team	Carrie Ralston
Financial Resource Team	Chuck Young
Servant Team	Anne Carman
Property Team	Chris Nilsen
Christian Education Team	Pam Sakala
Stewardship Team	Barbara Frielink
Newspaper Liason	Linda Polise

Soup & Prayers Is Here!



The season of Lent began last month and that means it's time for our mid week Lenten program...Soup and prayers is here! This is one of those unique experiences that combines fellowship, Lenten reflection, and super duper soups!

Lord's Prayer. This ministry is a ministry for us. This is something you should experience. Please note it's in the Church Family Room on the following Thursdays from 6:30 pm – 8:00 pm:

- March 5
- March 12
- March 19
- March 26
- April 2

Lent — the season of waiting, a season of self reflection, a season of learning, a season where perhaps "less" extravagant food is really "more". Our Soup and Prayers program wraps all these things up in a nice, neat little package. If you've not joined us before, then this is the year you should, and if you have come before, well come back again!

Come and prepare your heart and soul for Easter.

Our theme for this year is "Lord teach us to pray," an indepth study of the

Are You Planning to Attend College or an Advanced Training Program?

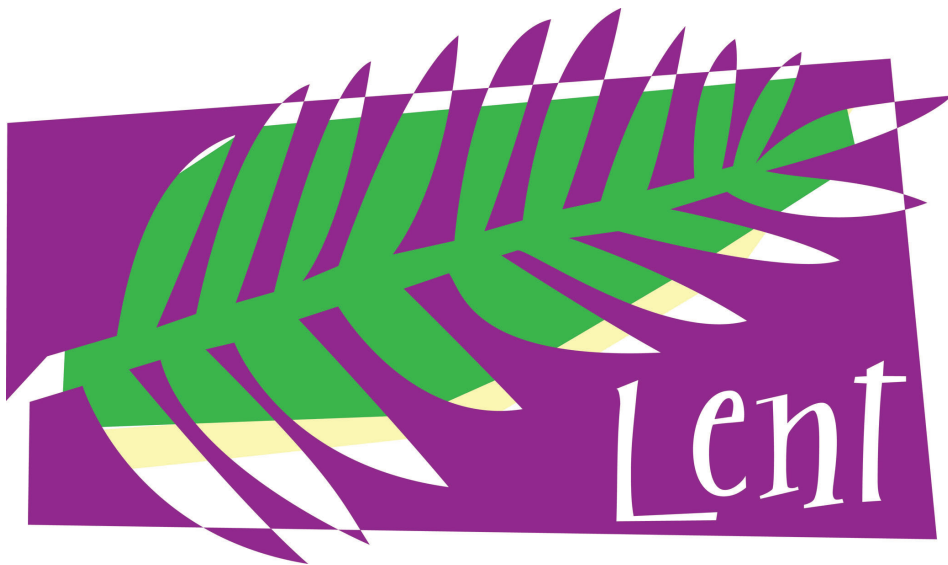
If you are an active member of Christ Lutheran Church and will be furthering youreducation (undergraduate, graduate, technical or trade school) this fall, you may be eligible to apply for the Reverend Stover Crouthamel and Dolly Crouthamel Vander Plaat Memorial Scholarship.

Please stop by or contact the Church Office for the application. Applications are due by April 15, 2020, and applicants will be considered based on church activity, community activity, and academic achievement.



Christ Evangelical Lutheran Church

337 Farview Avenue
 Paramus, New Jersey 07652
 201-262-0138
 christinparamus@hotmail.com
 christinparamus.org



Letter from Pastor Hayley

It is already March and we are at the door of a new season where everything that was sleeping over the cold winter will start to grow and bloom again.

In this season of hope and new life, what are the dreams that you have that have been sleeping under the surface over the long winter? What is it that should emerge and bloom again in this season?

Do you have any idea where to begin looking? Well, neither do I! But have no fear. This is the perfect season for looking deep inside ourselves to find out who we are and what we are hoping for. March falls in the season of Lent, the time of self-reflection, repentance, and self-discipline. So let's do this deep self-reflection together. Together we will be able to uncover those sleeping dreams and give them a chance to bloom!

There are lots of opportunities coming up to work on this. Join us for our Soup and Prayers program. This is a time for fellowship and a deeper look into our Bible and our beliefs. This year's program will focus on The Lord's Prayer.

Speaking of looking deeper into our Bible, every Monday we will be having a lectionary Bible study where we will discuss in depth the readings for the upcoming Sunday. We will meet at the office building at 11:00 and share a cup of coffee or tea together.

In March we will also have our healing service. As we did last year, instead of dedicating an entire service to healing we will do this immediately following our Sunday service. Those who need private prayer will be asked to remain and we will have a 10 minute short healing service up near the altar.

So as you can see there are plenty of chances during this season of Lent to further your knowledge and tend to your spirit. I am looking forward to witnessing the blooming of God's people in God's ministry in this place during this season. I hope you will be able to join us. Let the blooming begin!

In Christ,

Pastor Hayley

God is Love

-1 John 4:16

Please Pray for These Loved Ones

Donna Archer, Megan Armstrong, Karen Bartholomew, Kathleen Bhargava, Maggie Brower, Lillian Cooper, Ron DePue, Rich Dugan, Nora Edwards, the Fernandez Family, Al Frielink, Krista Fuchs, Mark Hallwell, Diane Hesse, Jae Hee Kim, Nadine Kohn, Soon Hoi Koo, Dennis and Jennifer Kruk, Anna and Walter Kruk, Mary Kurzum, Bill Kyritz, Rich Lindeberg, Renee Lomelino, Kaethe Lorch, Wilma Lundgren, Marie Lupinski, Dennis Marinkovich, Dorothy Mulroe, Emma and Richard Murphy, Amy Nywening, Lionel Ortega, Shepard Palance, Karen Richardson, Doris Robinson, Cathy and Roger Schramm, Evelyn Schramm, Yorg Schultheis, Michael Siekmann, Nancy Sweet, Marge Tomaselli, Jaime Battaglia van Dam, Lenny van Dam, Jennifer Viehmeyer, June Ward, Irma Weishaupt, Louis Wernick, Robert Wiederschall, Elenor Witte, Paul Witte, the Zickler Family and Claire Zimmerman

And those serving in the military...

Ryan Coiley, Bryant Rodriguez Cyriax, Greg Flintall, Daniel Jaichner, Devin Vega and Rachel Zarnke

And those who can't always be with us...

Al Frielink, Grete Potts and Irma Weishaupt

If you would like someone to be added to or removed from the prayer lists, please contact the Church Office at 201-262-0138.



March

Lay Assistant | Usher |
Altar Guild
Schedule

Corinne's Cupboard Weekend Snack Pack Program

In Partnership with Bergen County Center for Food Action

Last year during Lent we collected food items for the Snack Pack Program. This program, which was started at Christ Lutheran by Corinne Sakala, fills the gap for many Bergen County school children who receive free or reduced price school meals. These kids are left without adequate nutrition on the weekends and during holiday breaks. The program helps to fill this void by providing healthy, kid-friendly foods to these children at risk of hunger.

During Lent, we will collect the following food items for the Snack Packs:

2% Milk boxes, non-flavored shelf stable (8 oz.)

Low sugar cold cereals, individual serving size

100% Juice boxes (6.75 oz)

Fruit cups (4 oz)

Chef Boyardee microwavable bowls (mini ravioli, spaghetti & meatballs or lasagna, 7.5 oz)

Macaroni & cheese (7.25 oz boxes)

Nutri-grain snack bars (1.3oz)

After Lent we will gather following our Sunday service and assemble the items in bags and deliver them to the Center For Food Action. Last year, we delivered 101 Snack Packs and our hope is that we can deliver even more Snack Packs this year.

If you'd like to help with this effort but would rather make a monetary donation, that's great also. We will use these funds to buy items to complete the packs.

If you have any questions, please see Anne Carman or Pam Sakala. Thanks for your help!



Thank You

A big thank you to all for the generous Staff Gift we received. We are truly blessed to be part of the team here at Christ in Paramus. We wish all of you a healthy 2020.

Blessings to all of you from:
Pastor Hayley
Michael Wittenburg
Bob Sakala
Debbie Geerlof

MARCH 1

10:30am

Lay Assistant Pam Sakala
Usher Linda Polise
Altar Guild Gina Lally

MARCH 8

10:30am

Lay Assistant Bill Jaichner
Usher Ralph Braun
Altar Guild Marge Tomaselli

MARCH 15

10:30am

Lay Assistant Pam Sakala
Usher Anne Carman
Altar Guild Linda Polise

MARCH 22

10:30am

Lay Assistant Chris Nilsen
Usher Ralph Braun
Altar Guild Lore Braun

MARCH 29

10:30am

Lay Assistant Bob Denicola
Usher Linda Comery
Altar Guild



MARCH 2020

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>1</p> <p>Worship Service (CH) 10:30am</p> <p>Korean Cong. Worship (CH) 1:00pm</p> 	<p>2</p> <p>Lectionary Bible Study (OB) 11:00am</p>	<p>3</p>	<p>4</p>	<p>5</p> <p>Soup and Prayers (FR) 6:30pm</p>  	<p>6</p>	<p>7</p> <p>Crafty Ladies Group (OB) 10:00am</p>
<p>8</p> <p>Daylight Saving Time Begins</p> <p>Worship Service (CH) 10:30am</p> <p>Korean Cong. Worship (CH) 1:00pm</p>	<p>9</p> <p>Lectionary Bible Study (OB) 11:00am</p>	<p>10</p> 	<p>11</p>	<p>12</p>  <p>Soup and Prayers (FR) 6:30pm</p>	<p>13</p>	<p>14</p>
<p>15</p> <p>Sunday School Class (OB) 9:30am</p> <p>Worship Service (CH) 10:30am</p> <p>Council Meeting (OB) 12:00pm</p> <p>Korean Cong. Worship (CH) 1:00pm</p>	<p>16</p> <p>Lectionary Bible Study (OB) 11:00am</p>	<p>17</p> <p>St. Patrick's Day</p>	<p>18</p>	<p>19</p>  <p>Spring Begins</p> <p>Soup and Prayers (FR) 6:30pm</p> 	<p>20</p>	<p>21</p> <p>Crafty Ladies Group (OB) 10:00am</p>
<p>22</p> <p>Worship Service (CH) 10:30am</p> <p>Korean Cong. Worship (CH) 1:00pm</p>	<p>23</p> <p>Lectionary Bible Study (OB) 11:00am</p>	<p>24</p>	<p>25</p>	<p>26</p>  <p>Soup and Prayers (FR) 6:30pm</p>	<p>27</p>	<p>28</p>
<p>29</p> <p>Worship Service (CH) 10:30am</p> <p>Korean Cong. Worship (CH) 1:00pm</p>	<p>30</p> <p>Lectionary Bible Study (OB) 11:00am</p>	<p>31</p>		<p>Upcoming Events</p> <p>Soup and Prayers April 2</p> <p>Palm Sunday April 5</p> <p>Easter April 12</p>		<p>(CH) Church (FH) Fellowship Hall (FR) Family Room (OB) Office Building (PA) Parsonage</p>