

+Christian Symbol+

WEDDING RINGS

The exchange of wedding rings isn't found in Scripture. It came into practice among Christians in the late ninth century. The unending circle profoundly symbolizes a couple's mutual promises of ongoing love and commitment, as well as God's promise of eternal love that surrounds all — including each couple and marriage.

CHAPPEL NEWS

Return Service Requested

CHRIST LUTHERAN CHURCH
337 Farview Avenue
Paramus, New Jersey 07652

CHAPEL NEWS

CHRIST LUTHERAN CHURCH MONTHLY NEWSLETTER

THE GREATEST
THING THAT
WE CAN DO IS
TO HELP
SOMEBODY
KNOW THAT
THEY'RE LOVED
AND CAPABLE
OF LOVING.
— FRED ROGERS



GOING GREEN: OUR SUMMER PROGRAM

**Tuesday, August 20 and Wednesday, August 21
6:00 – 8:30pm**

Come nourish your body, your soul, AND God's good earth during our two evening summer program this August. Put the dates on your calendar!

Tuesday night our program will revolve around the ELCA Synod's 2024 Green initiative. Wednesday night is our barbecue AND line dancing!

Dinner will be provided both evenings. The congregation is asked to bring dessert.

Spend two evenings of fun and fellowship with your church family. Sign up on the church door!



CHRIST EVANGELICAL LUTHERAN CHURCH

337 Farview Avenue Paramus, New Jersey 07652
201-262-0138 • christinparamus@hotmail.com • christparamus.org

GETTING TO KNOW... CHRIS NILSEN

How did you come to Christ Lutheran Church?

I was baptized here as an infant and been here ever since!

Have you been a Christian your whole life?

Yes.

Have you ever questioned your faith?

Sure. I sometimes find it hard to understand why God would not just talk to us to make it easier to believe and understand. But I also can't imagine that humanity and creation just occurred randomly.

What's your favorite place you've traveled to?

Italy! Florence is very beautiful and taking a cruise into Venice cannot be beat!

What's the best advice you've ever received?

"Stop being a little brat!" (My grandmother to me, age 5, when I wouldn't stop talking). Know when to talk and know when to listen.

What was your first job and your favorite job?

First job: A paperboy for the Bergen Record (6th - 8th grade); Favorite job: The one I have now (teaching Chemistry at Pascack Valley High School).

If you could change one thing about your past, what would it be?

I wouldn't dwell on the past. If there's something you don't like, change it in the present and look forward to the future!

How do you like to spend time with God?

Being deliberate about it. Finding a quiet space, being with others in worship, or in helping others. But it also needs to be said that God is always spending time with us.

AN EAGLE HAS LANDED

It is with tremendous pride and joy that I announce our son, Ean having passed his Eagle Board of Review on July 24th, making him Westwood Boy Scout Troop 350's 130th member to reach the lofty heights of the Eagle's nest. The rank of the Eagle is the highest attainable. (As our bio of the month, Chris Nilsen knows all too well!)

I would also like to thank our church for not only supporting him with donations and purchasing his first aid kits, but also by the Crafty Ladies helping him make 41 tie knot blankets, twice what he proposed!

We'll be hosting a coffee hour in his honor soon. God is good, all the time!

Carrie and Sam Ralston



FUN FACTS

Birth name...

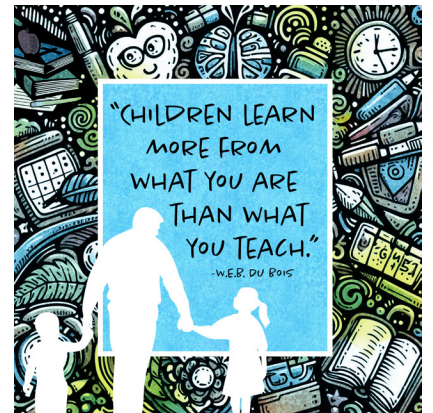
Christopher Norman Nilsen

Grew up in...

Maywood, NJ

Favorite food/dessert...

There are too many to have a favorite! Lemon meringue pie, strawberry shortcake, chocolate brownies, buttercream frosting!



GOD'S GIFT OF MUSIC

What helps you sort out what you're feeling, or experience an emotion more deeply? What allows you to let loose and cry, or fully celebrate when you're joyful? Nature helps some of us get in touch with our feelings, perhaps because it removes us from screens and other distractions.

But when getting out isn't possible — no mountain lake is nearby, or the weather isn't tranquil — consider the gift of music. Often instrumental or vocal music helps us access the depths of our soul like nothing else can. God may even speak to us through music — whether in song lyrics, our own inner thoughts or wordless stirrings of the heart.

Albert Schweitzer, a pastor, musicologist, physician and more, said, "Joy, sorrow, tears, lamentation, laughter — to all these music gives voice, but in such a way that we are transported from the world of unrest to a world of peace, and see reality in a new way, as if we were sitting by a mountain lake and contemplating hills and woods and clouds in the tranquil and fathomless water."

Make some playlists for various emotions: joy, grief, anxiety, hope. Then imagine yourself relaxing in nature, and experience God's love.



AUGUST

Lay Assistant | Usher Altar Guild | Counter Schedule

AUG 4	10:00am
Lay Assistant	Bob Denicola
Usher	Terry Calise
Altar Guild	Lore Braun
AUG 11	10:00am
Lay Assistant	Pam Sakala
Usher	Margarete Denicola
Altar Guild	Marge Tomaselli

AUG 18	10:00am
Lay Assistant	Bob Denicola
Usher	Lori Mercer
Altar Guild	Linda Polise

AUG 25	10:00am
Lay Assistant	Pat Berinato
Usher	Linda Polise
Altar Guild	Gina Lally

Counter	Marge Tomaselli
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A DEATH IN OUR FAMILY

We extend our heartfelt sympathy to the family of Evelyn Schramm, who passed away on July 13, 2024.

Wishing her family strength and comfort in the months ahead.

BIBLE QUIZ

What kind of birds does God use to supply Elijah with food at the Kerith Ravine?

- A. quails
- B. ravens
- C. eagles
- D. doves



Answer: B (See 1 Kings 17:2-6.)

BIRTHDAYS

Paityn Pinto	8/2
Ean Ralston	8/7
Raja Bandila	8/11
Margarete Denicola	8/15
Sara Behnke	8/16
Gina Lally	8/28

VENDORS WANTED!

Contact organizer Carrie Ralston at carrieralston@gmail.com or 201.675.5142

**October 5th
9am – 5pm**

**357 N. Farview Ave.
Paramus, NJ**
(Christ Lutheran Church Lawn)



Christ Lutheran Church in Paramus, NJ, is hosting its first annual Vendor Market this October. It's a community event which allows amazing small business owners and entrepreneurs the opportunity to showcase their products/services, make direct sales, accept pre-orders and network with the community and other vendors.

The property is expansive, it's located on a high-volume road and there's parking for 90 cars.

Proceeds from the vendor market will go to the Church's Building Fund...with a portion being donated to a local food pantry.

To register as a vendor
[\$100 plus a Paramus peddler license]
please fill out form at
christparamus.org/vendor-market

Match each word in Column 1 to its synonym in Column 2.
Then use the words from Column 2 to complete the boxes below.

COLUMN 1

- correct
- commendable
- extremely good
- having high moral principles
- deserving respect
- pleasant
- real
- wholesome

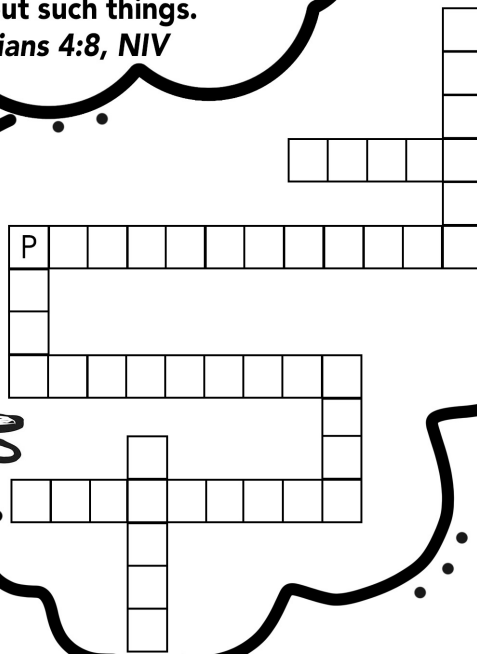
COLUMN 2

- excellent
- lovely
- noble
- admirable
- pure
- praiseworthy
- true
- right



Kim Bala, Noyes "Bart" Bartholomew, Donald Bickert, Dolores Brickman, Chris Brooks, Lori Butterick, Tony Calise, Mike Chapman, John Cutler, Carol Daley, Carol Doyle, Elizabeth Faidley, Carl Fazio, Krista Fuchs, Mary Carolyn Harrison, Fred Hesse, Pat Kelly, Terry Klotz, Dennis & Jennifer Kruk, Anna & Walter Kruk, Kaitlyn Kruk, Renee Lomelino, Jack Lowack, Marie Lupinski, the Maller Family, Kathy Mallet, Irene Maury, Vanessa Niblack-Head, Catherine Quadrozzi, Erin Raffery, Doris Robinson, Cathy & Roger Schramm, Tina Smith & Family, Dave Splieth, Marge Tomaselli, Mark Tomaselli, Lenny van Dam, the Vega Family, Janice & Dave Wedderman, Robert Wiederschall, Paul & Deb Witte and Peter Zingaro

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things.
Philippians 4:8, NIV



Those serving in the military...

Bryant Rodriguez Cyriax, Greg Flintall, Aidan Seals, Devin Vega and Rachel Zarnke

Those who can't be with us...

Carol DeMott, Al & Barbara Frielink and Irma Weishaupt

Match Answers: correct - right, commendable - praiseworthy, extremely good - excellent, having high moral principles - noble, deserving respect - admirable, pleasant - lovely, real - true, wholesome - pure; Horizontal Answers (top to bottom): noble, praiseworthy, excellent, admirable; Vertical Answers (left to right): pure, right, true, lovely

AUGUST 2024

Church (CH)
Fellowship Hall (FH)
Family Room (FR)
Office Building (OB)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	1	2	3	1	2 <i>Church Office closed</i>	3 Crafty Ladies (OB) 10:00am
4 Worship Service (CH) 10:00am Korean Congregation Worship (CH) 12:30pm	5	6	7	8	9 <i>Church Office closed</i>	10
11 Worship Service (CH) 10:00am Korean Congregation Worship (CH) 12:30pm	12	13	14	15	16 <i>Church Office closed</i>	17 Crafty Ladies (OB) 10:00am
18 Worship Service (CH) 10:00am Korean Congregation Worship (CH) 12:30pm	19	20 Summer Program 6:00 – 8:30pm	21 Summer Program 6:00 – 8:30pm	22	23 <i>Church Office closed</i>	24
25 Worship Service (CH) 10:00am Council Meeting (OB) 11:15am Korean Congregation Worship (CH) 12:30pm	26	27 Hackensack River Canoe & Kayak Club Meeting (FR and Parking Lot) 6:30 – 9:00pm	28	29	30	

CHRIST LUTHERAN CHURCH STAFF AND COUNCIL

Pastor
Office Administrator
Sexton

Director of Music Ministries
President

Vice President

Council Secretary

Treasurer

Recording Financial Secretary

Financial Secretary

Rev. Jonathan Westerlund

Debbie Geerlof

Bob Sakala

Michael Wittenburg

Chris Nilsen

Bill Jaichner

Pam Sakala

Chuck Young

Pat Berinato

Marge Tomaselli

Inward Ministry Team

Christian Education
Shepherd

Worship

Pam Sakala

Carrie Ralston

Marge Tomaselli

Administrative Team

Financial

Property

Chuck Young

Bill Jaichner

Chris Nilsen

Outward Ministry Team

Servant

Anne Carman

Rosemary Chandra

Jan Behnke