



# +Christian Symbol+

## BUTTERFLY

The butterfly symbolizes resurrection, Easter and the new life we have in Christ Jesus. As a caterpillar disappears into a chrysalis, so Jesus' lifeless body was hidden in a tomb. The emergence of the butterfly, rising into the sky in its beautiful new body, reminds us of Christ's resurrection — and ours.

# CHAPEL NEWS

Return Service Requested

CHRIST LUTHERAN CHURCH  
337 Farview Avenue  
Paramus, New Jersey 07652

# CHAPEL NEWS

CHRIST LUTHERAN CHURCH MONTHLY NEWSLETTER

**DO SOMETHING  
YOU REALLY LOVE  
IN THE MOST  
ADVENTUROUS  
PLACE YOU CAN  
AND MAKE SURE  
IT HELPS  
OTHER PEOPLE.**

— DIANE SAWYER

## SOUP & PRAYERS

Soup & Prayers is one of those unique experiences that combines fellowship, Lenten reflection, and super duper soups!

Lent — the season of waiting, a season of self reflection, a season of learning, a season where perhaps “less” extravagant food is really “more”. Our Soup & Prayers program wraps all these things up in a nice, neat little package. If you’ve not joined us before, then this is the year you should, and if you have come before, come back again!

Join us on the following Tuesdays from 6:30 pm – 8:00 pm:

**March 5 • March 12 • March 19**

Office Building      Family Room      Family Room

Come and prepare your heart and soul for Easter.

— Pam Sakala



**CHRIST EVANGELICAL LUTHERAN CHURCH**

337 Farview Avenue Paramus, New Jersey 07652  
201-262-0138 • christinparamus@hotmail.com • christparamus.org

## NOTE FROM PASTOR JONATHAN



Lately at church, I've been inviting you all to think about who we are as church and who we want to be as church. We discussed this briefly at our annual meeting, and we have a short questionnaire with three questions about who we are and what is important to us as a church — please take a look at that and submit it if you haven't had a chance. During our Soup & Prayers, we've continued this conversation as well. In our first two sessions, we opened with a conversation about who we are as church and as Lutherans. Our next three sessions in March will focus on what it means to be church together, how we are church for the sake of the world, and what difference we make as church.

Lent and Easter are good seasons to dwell upon who we are as church and who we are as people of God. One core piece of who we are is that we are people of death and resurrection. The season of Lent leads us to the "Three Days" which encompass the time from Maundy Thursday evening through to Easter Day. This year, Holy Week and those three holy days fall just at the end of March. During those days we will again remember the death and resurrection of Christ in intentional, poignant ways, and we will be reminded that we are people of death and resurrection.

To me this means we recognize and embrace endings so that new beginnings can take place. We recognize the realities of our world and respond to them with love and the hope of new life. Being a people of death and resurrection means that we embrace change that invites us to love deeper and live more abundantly through God's grace and the body of Christ — the people of God that surround us. Because we trust that though the world continues to change, God's love and presence never does. Even as we discuss who we are and what we are, and what we need to be today, that core does not change: We are people of God; we are people of death and resurrection; we are the body of Christ; we are beloved.

I invite you to continue to wonder about who we are as the people of God. What are those things that will always remain true to who we are? What are those things that we may try anew to welcome and love others more? How are we called to love others at this time and in this place? Join our conversation in whatever ways you are able as we wonder what it means to be church here and now and how we can be church for the sake of the world.

God's blessings be with you throughout the rest of this Lenten season, and as we enter into the mystery, wonder, and joy of Easter.

Pastor Jonathan



Kim Bala, Noyes "Bart" Bartholomew, Donald Bickert, Dolores Brickman, Chris Brooks, Lori Butterick, Tony Calise, Mike Chapman, John Cutler, Ken Cutler, Elizabeth Faidley, Carl Fazio, Krista Fuchs, Mary Carolyn Harrison, Fred Hesse, Terry Klotz, Dennis & Jennifer Kruk, Anna & Walter Kruk, Kaitlyn Kruk, Renee Lomelino, Jack Lowack, Marie Lupinski, the Maller Family, Kathy Mallet, Irene Maury, Vanessa Niblack-Head, Catherine Quadrozzi, Erin Raffery, Doris Robinson, Cathy & Roger Schramm, Tina Smith & Family, Dave Splieth, Marge Tomaselli, Mark Tomaselli, Lenny van Dam, the Vega Family, Janice & Dave Wedderman, Robert Wiederschall, Paul & Deb Witte, Thomas Zickler and Peter Zingaro

### **Those serving in the military...**

Bryant Rodriguez Cyriax, Greg Flintall, Aidan Seals, Devin Vega and Rachel Zarnke

### **Those who can't be with us...**

Carol DeMott, Al & Barbara Frielink, Evelyn Schramm and Irma Weishaupt

# GETTING TO KNOW... JAN BEHNKE

**How did you come to Christ Lutheran Church?**

My mother was a charter member.

**Have you been a Christian your whole life?**

Yes.

**Have you ever questioned your faith?**

No. It just got deeper and better.

**What's the best advice you've ever received?**

Be true to yourself and be kind.

**What was your first job and your favorite job?**

My first job was working at Grand Way Distribution Center. My favorite was as a court administrator.

**What's your favorite place you've traveled to?**

Portugal and Hawaii

**If you could do something you've always wanted to do, had all the money and skills you needed to do it, and knew you could not fail, what would you do?**

I would be a therapist and give my services for free.

**What's on your bucket list?**

Travel more; Ireland, Germany and in the U.S., mostly West.

**If you could change one thing about your past, what would it be?**

I wouldn't want to change anything because it might affect where I am now

**What would be the title of your memoir if you were to write one?**

*It's All in a Photograph*

**What do you like to do for fun?**

Spend time with my family, watch Giants football, watch March Madness and eat out! I enjoy Potluck & Prayers and Soup & Prayers.

**What book, movie, or TV show changed your outlook on life?**

*The Shack* and *Field of Dreams*.

**How do you like to spend time with God?**

I especially like morning chats with God to start my day. It helps me move forward with Him by my side.

**What are you grateful for today?**

I am grateful for my family and friends.



## FUN FACTS

**Birth name...**

Janice Maria Hodgins

**Grew up in...**

Paramus, New Jersey

**What I wanted to be when I was a kid...**

A teacher (at one time)

**Favorite food/dessert...**

Pizza and rice pudding

**My three greatest strengths...**

1. Faith
2. Loyalty
3. Sense of humor

**Things I want to accomplish in 2024...**

1. Be more environmentally conscious
2. Clean out my house (LOL)



# Passion Week



## Palm Sunday

Jesus rides into Jerusalem on a borrowed donkey as the multitude spreads palm branches on the ground.



## Monday

Jesus weeps over Jerusalem. Jesus clears the temple.



## Tuesday

Judas makes a deal with the Jewish leaders to betray Jesus for 30 pieces of silver.



## Thursday

Jesus washes the disciples feet in an act of service before the Last Supper.



## Thursday

Peter denies Jesus. Jesus is seized in the Garden of Gethsemane.



## Good Friday

To appease the crowd, Pilate sentences Jesus to death. Jesus wears a crown of thorns.



## Friday Evening

Jesus is crucified on a cross. Jesus dies and they place Him in a borrowed tomb.



## Resurrection Sunday

Jesus rises from the grave! Men and women find an empty tomb.

## BIBLE QUIZ

The "Christ hymn" in Philippians 2 proclaims that after Jesus humbled himself even to the point of death, God exalted him, and that eventually all will worship him. What two body parts are named as part of that worship?

- A. knee; tongue
- B. hands; feet
- C. arms; lips
- D. heart; mouth



(11-0) Answer: A (See Philippians 2:10-11.)

# MARCH

Lay Assistant | Usher  
Altar Guild | Counter  
Schedule

<b>MAR 3</b>	10:00am
Lay Assistant	Chris Nilsen
Usher	Linda Polise
Altar Guild	Lore Braun
<b>MAR 10</b>	10:00am
Lay Assistant	Carrie Ralston
Usher	Margarete Denicola
Altar Guild	Marge Tomaselli

<b>MAR 17</b>	10:00am
Lay Assistant	Bob Denicola
Usher	Anne Carman
Altar Guild	Linda Polise

<b>PALM SUNDAY</b>	
<b>MAR 24</b>	10:00am
Lay Assistant	Bill Jaichner
Usher	Lori Mercer
Altar Guild	Gina Lally

<b>MAUNDY THURSDAY</b>	
<b>MAR 28</b>	8:00pm
Lay Assistant	Pat Berinato
Usher	Linda Polise
Altar Guild	All

<b>GOOD FRIDAY</b>	
<b>MAR 29</b>	8:00pm
Lay Assistant	Pam Sakala
Usher	Linda Comery
Altar Guild	—

<b>EASTER SUNDAY</b>	
<b>MAR 31</b>	8:00pm
Lay Assistant	Chris Nilsen
Usher	Terry Calise
Altar Guild	All

Counter Anne Carman

# Puzzle!

Connect the dots to find two symbols of Easter. Then write the words in the correct blanks to complete an Easter poem.

2	4	6	8	10	12	14
16	18	20	22	24		
26	28	30	33	35	37	38
40	41	42	43	44	45	46

Answer: God gave us Jesus Christ, his Son, the holy, loving, righteous one. He died to save us all from sin, and on Easter day he rose again.

# MARCH 2024

Church (CH)  
Fellowship Hall (FH)  
Family Room (FR)  
Office Building (OB)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<b>31</b> <b>Easter Sunday</b> <b>Worship Service (CH)</b> <b>10:00am</b> Korean Congregation Worship (CH) 12:30pm				<b>1</b>	<b>1</b>	<b>2</b> <b>Crafty Ladies (OB)</b> <b>10:00am</b> Mission District Meeting, (St. John, Summit, NJ) 10am - 12pm Mental Health De-escalation Training
<b>3</b> <b>Worship Service (CH)</b> <b>10:00am</b> Korean Congregation Worship (CH) 12:30pm	<b>4</b>	<b>5</b> <b>Soup &amp; Prayers (OB)</b> <b>6:30pm</b> Hackensack River Canoe & Kayak Club Meeting (FR) 6:30 - 9:00pm	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b> <b>Daylight Saving Time</b> <b>Worship Service (CH)</b> <b>10:00am</b> <b>Council Meeting (OB)</b> <b>11:15am</b> Korean Congregation Worship (CH) 12:30pm	<b>11</b>	<b>12</b> <b>Soup &amp; Prayers (FR)</b> <b>6:30pm</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b> <b>Worship Service (CH)</b> <b>10:00am</b> Korean Congregation Worship (CH) 12:30pm	<b>18</b>	<b>19</b> <b>First Day of Spring</b> <b>Soup &amp; Prayers (FR)</b> <b>6:30pm</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>24</b> <b>Palm Sunday</b> <b>Worship Service (CH)</b> <b>10:00am</b> Korean Congregation Worship (CH) 12:30pm	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b> <b>Maundy Thursday</b> <b>Worship Service (CH)</b> <b>8:00pm</b>	<b>29</b> <b>Good Friday</b> <b>Worship Service (CH)</b> <b>8:00pm</b>	<b>30</b>

## CHRIST LUTHERAN CHURCH STAFF AND COUNCIL

**Pastor**  
**Church Secretary**  
**Sexton**

**Director of Music Ministries**  
**President**

**Vice President**  
**Council Secretary**

**Treasurer**  
**Recording Financial Secretary**  
**Financial Secretary**

Rev. Jonathan Westerlund  
Debbie Geerlof  
Bob Sakala  
Michael Wittenburg  
Chris Nilsen  
Bill Jaichner  
Pam Sakala  
Chuck Young  
Pat Berinato  
Marge Tomaselli

### Inward Ministry Team

**Christian Education** Pam Sakala  
**Shepherd** Carrie Ralston  
**Worship** Marge Tomaselli

### Administrative Team

**Financial** Chuck Young  
**Property** Bill Jaichner  
Chris Nilsen

### Outward Ministry Team

**Servant** Anne Carman  
Rosemary Chandra  
Jan Behnke