



+Christian Symbol+

Valley

Valleys symbolize life's dark or low points; for example, Psalm 23:4 refers to "the valley of the shadow of death" (ESV). But valleys also symbolize people who find God's favor because they're lowly and meek. As a result, valleys can be places of blessing. God lifts his people out of despair and rewards their faithfulness. He also promises to "level" conditions by raising up valleys and bringing down mountains (see Isaiah 40:4).

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Chapel News

Return Service Requested

Christ Evangelical Lutheran Church
337 Farview Avenue
Paramus, New Jersey 07652

Chapel News

CHRIST EVANGELICAL LUTHERAN CHURCH'S MONTHLY NEWSLETTER

Our Staff and Council

Pastor	Debbie Geerlof
Secretary	Bob Sakala
Sexton	Michael Wittenburg
Director of Music Ministries	
President	Chris Nilsen
Vice President	Chuck Young
Secretary	Pam Sakala
Treasurer	Paul Berinato
Recording Financial Secty	Pat Berinato
Financial Secty	Marge Tomaselli
Worship Team	Marge Tomaselli
Shepherd Team	Carrie Ralston
Financial Resource Team	Chuck Young
Servant Team	Anne Carman
Property Team	Chris Nilsen
Christian Education Team	Pam Sakala
Stewardship Team	Barbara Frielink
Newspaper Liaison	Linda Polise

Fat Tuesday Is Back

Lent is fast approaching and with some positive feedback (not to mention the great attendance at the Advent wreath-making program), we're planning to host Fat Tuesday once again!

We welcome all to join us in the Church's Family Room on Tuesday, March 1st at 6:00pm for yummy pancakes and bacon followed by a King (cup)Cake and coffee. A few laughs with some fellowship is exactly what we all need before the Lenten season of spiritual preparation begins the next day.

Please sign up on the sheet in the Narthex to let us know how many flapjacks to make!

Carrie Ralston
Shepherd Team



Soup & Prayers

It's almost time for our mid-week Lenten program to begin. Soup and Prayers is one of those unique experiences that combines fellowship, Lenten reflection, and super duper soups!

Lent — the season of waiting, a season of self reflection, a season of learning, a season where perhaps "less" extravagant food is really "more". Our Soup and Prayers program wraps all these things up in a nice, neat little package. If you've not joined us before, then this is the year you should, and if you have come before, come back again!

This ministry is a ministry for us. This is something you should experience. At the time of Jesus' birth, we all freely say "Let's

keep 'Christ' in Christmas." Well, as we prepare for our Saviors' resurrection, why not freely say, "Let's keep 'Christ' in Lent."

Please note it's in the Church Family Room on the following Thursdays from 6:30 pm – 8:00 pm:

- March 10
- March 17
- March 24
- March 31
- April 7

Come next month and prepare your heart and soul for Easter.

Pam Sakala
Christian Education Team



Christ Evangelical Lutheran Church

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Paramus, New Jersey 07652
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christparamus.org



Please pray for these loved ones...

Kathleen Bhargava, Chris Brooks, Maggie Brower, Lois Cockrell, Ken Cutler, Ron DePue, Rich Dugan, the Faison Family, the Fernandez Family, Ken Frank, Al Frielink, Krista Fuchs, Robyn Garfield, Mark Hallwell, Mary Carolyn Harrison, Diane and Fred Hess, Terry Klotz, Nadine Kohn, Dennis and Jennifer Kruk, Anna and Walter Kruk, Bill Kyritz, Rich Lindeberg, Renee Lomelino, Marie Lupinski, Irene Maury, Dorothy Mulroe, Emma Murphy, Lionel Ortega, Karen Richardson, Mary Richter, Doris Robinson, Cathy and

Roger Schramm, Evelyn Schramm, Yorg Schultheis, Sam Selvam, Carolyn Sidor, Michael Siekmann, Nancy Sweet, Dorothy Syme, Gary Tomaselli, Marge Tomaselli, Jaime Battaglia van Dam, Jennifer van Dam, Lenny van Dam, Jennifer Viehmeyer, June Ward, Irma Weishaupt, Louis Wernick, Robert Wiederschall, Paul Witte, Virginia Yearic and Claire Zimmerman

And those serving in the military...

Bryant Rodriguez Cyriax, Greg Flintall, Devin Vega and Rachel Zarnke

And those who can't always be with us...

Al and Barbara Frielink, Grete Potts and Irma Weishaupt

Pastoral Call Process Update

The Call Committee has officially been established! Thank you to Jan Behnke, Terry Calise, Margarete Denicola, Bill Jaichner and Marge Tomaselli for volunteering their time to this extremely important task of finding a new pastor for our church.

The Committee's first task was led by Marge to individually fill out a survey; a profile of our church for potential candidates to view. The next step will be to summarize those answers. Pastor Dean, the Assistant to the Bishop of the ELCA has been contacted and once finalized, the profile will be sent to him. After the Bishop's approval, the profile

will be created online and it's go time! The exciting (and somewhat anxious) period of hearing back on possible applicants will begin.

What we **do** know is that one candidate at a time will be submitted for consideration. What we **do not** know is when that time will be.

Now is a time for prayer, so that the Lord's voice and plans will be the one that counts. Pray for us to be connected with whom He believes is right for us, and us for them. God is good! All the time!

Carrie Ralston
Call Committee Chairperson

Bible Quiz

In the book of Revelation, who or what is "prepared as a bride, adorned for her husband"?

- A. The church
- B. The Spirit
- C. Mary Magdalene
- D. The new Jerusalem



Answer: D (See Revelation 21:2.)

Feb.

Lay Assistant | Usher Altar Guild Schedule

FEBRUARY 6

10:30am

Lay Assistant	Carrie Ralston
Usher	Linda Comery
Altar Guild	Marge Tomaselli

FEBRUARY 13

10:30am

Lay Assistant	Bill Jaichner
Usher	Ralph Braun
Altar Guild	Lore Braun

FEBRUARY 20

10:30am

Lay Assistant	Bob Denicola
Usher	Anne Carman
Altar Guild	Linda Polise

FEBRUARY 27

10:30am

Lay Assistant	Pam Sakala
Usher	Ralph Braun
Altar Guild	Lore Braun



We welcome all to join us as we begin the forty days of preparation and self-examination of Lent, as we move toward the cross and empty grave.

Ash Wednesday reminds us that two things are involved in genuine repentance: the dying of the old self and the coming to life of the new.

Our Worship Service will be on Wednesday, March 2nd at 8:00pm and led by Vice Pastor Miller.

FEBRUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>(CH) Church (FH) Fellowship Hall (FR) Family Room (OB) Office Building (PA) Parsonage</p>		1	2 Groundhog Day 	3	4	5 Crafty Ladies (OB) 10:00am	
	6 Boy Scout Sunday Confirmation Class (OB) 9:30am Worship Service (CH) 10:30am	7	8	9	10	11	12
	13 Worship Service (CH) 10:30am Council Meeting (OB) 11:45am	14 Valentine's Day 	15	16	17	18	19 Crafty Ladies (OB) 10:00am
	20 Confirmation Class (OB) 9:30am Worship Service (CH) 10:30am	21  Presidents Day Church Office closed	22	23	24	25	26
	27 Transfiguration of Our Lord Worship Service (CH) 10:30am	28	1 Fat Tuesday Pancake Supper (FR) 6:00pm 	2 Ash Wednesday Worship Service (CH) 8:00pm 	 -1 John 4:16		