



# +Christian Symbol+

## Olive

The olive branch is a symbol of peace, harmony and healing. Olive trees provide shelter, as well as oil used for ointment and consecration. The olive branch also represents deliverance from hardships and anxiety because a dove brought an olive leaf back to Noah's ark after the flood ended (Genesis 8:11).

© newsletternewsletter.com

# Chapel News

Return Service Requested

Christ Evangelical Lutheran Church  
337 Farview Avenue  
Paramus, New Jersey 07652

# Chapel News

CHRIST EVANGELICAL LUTHERAN CHURCH'S MONTHLY NEWSLETTER

## Our Staff and Council

<b>Pastor</b>	Rev. Hayley Bang
<b>Secretary</b>	Debbie Geerlof
<b>Sexton</b>	Bob Sakala
<b>Director of Music Ministries</b>	Michael Wittenburg
<b>President</b>	Chris Nilsen
<b>Vice President</b>	Chuck Young
<b>Secretary</b>	Pam Sakala
<b>Treasurer</b>	Paul Berinato
<b>Recording Financial Secty</b>	Pat Berinato
<b>Financial Secty</b>	Marge Tomaselli
<b>Worship Team</b>	Marge Tomaselli
<b>Shepherd Team</b>	Carrie Ralston
<b>Financial Resource Team</b>	Chuck Young
<b>Servant Team</b>	Anne Carman
<b>Property Team</b>	Chris Nilsen
<b>Christian Education Team</b>	Pam Sakala
<b>Stewardship Team</b>	Barbara Frielink
<b>Newspaper Liason</b>	Linda Polise

## No VBS This Year

In spite of all our original intentions and hopeful attitudes, we have decided to err on the side of caution and hold off on our VBS program this summer. Even though New Jersey may be getting ready to open up slowly, we have no way of knowing if large gatherings will be allowed by then or whether it would even be safe to do this. So the

committee decided it was better to hold off and save all our good ideas for next year. We're sure you all understand. It will be strange without it, but hopefully being cautious during these uncertain times will prove to be the right decision.

Your VBS Committee



## An Invitation to Rest

Summer calls to mind a slower pace, time off from school and work. But many still face daily demands this time of year: farmers work long hours; teachers may take seasonal work to make ends meet; parents with kids now home all day may catch up on work late at night. Still, may the longer days and warmer weather beckon you into a bit of free time this season. Listen:

"When you take time to replenish your spirit, it allows you to serve others from the overflow. You cannot serve from an empty vessel." —Eleanor Brownn (public speaker and educator)

"Sometimes it's important to work for that pot of gold. But other times it's essential ... to make sure that your most important decision in the day [is] which color to slide down on the rainbow." — Douglas Pagels (author)

"Rest time is not waste time; it is economy to gather fresh strength. ... In the long run, we shall do more by sometimes doing less." —Charles Spurgeon

"Come to me, all you that are weary ... and I will give you rest. ... For my yoke is easy, and my burden is light." —Jesus (Matthew 11:28-30)

© newsletternewsletter.com



## Christ Evangelical Lutheran Church

337 Farview Avenue  
Paramus, New Jersey 07652  
201-262-0138  
christinparamus@hotmail.com

[christinparamus.org](http://christinparamus.org)

# COVID-19 UPDATES

God is  
Love

-1 John 4:16

## Please Pray for These Loved Ones

Donna Archer, Karen Bartholomew, Kathleen Bhargava, Maggie Brower, Young Hee Choi, Lillian Cooper, Ron DePue, Rich Dugan, Nora Edwards, the Fernandez Family, Al Frielink, Krista Fuchs, Mark Hallwell, Diane Hesse, Jae Hee Kim, Nadine Kohn, Soon Hoi Koo, Dennis and Jennifer Kruk, Anna and Walter Kruk, Bill Kyritz, Rich Lindeberg, Renee Lomelino, Kaethe Lorch, Marie Lupinski, Dennis Marinkovich, Dorothy Mulroe, Emma and Richard Murphy, Amy Nywening, Lionel Ortega, Shepard Palance, Karen Richardson, Doris Robinson, Cathy and Roger Schramm, Evelyn Schramm, Yorg Schultheis, Michael Siekmann, Nancy Sweet, Marge Tomaselli, Jaime Battaglia van Dam, Lenny van Dam, Jennifer Viehmeyer, June Ward, Irma Weishaupt, Louis Wernick, Robert Wiederschall, Elenor Witte, Paul Witte and Claire Zimmerman

### **And those serving in the military...**

Ryan Coiley, Bryant Rodriguez Cyriax, Greg Flintall, Daniel Jaichner, Devin Vega and Rachel Zarnke

### **And those who can't always be with us...**

Al Frielink, Grete Potts and Irma Weishaupt

## Letter from Pastor Hayley

Isolation...disconnection from all that is familiar...fear of entering the unknown... yet excitement and nervousness about entering into a new chapter...sound familiar?

These are the feelings that we have these days.

It's been more than two months of this awkwardness and now, little by little, the discomfort of social distancing is ending as some states begin to open up. So how do we, as faithful people of God and faithful people of this country, prepare ourselves to adjust to the new norm after this pandemic? There will have to be some adjustments.

**1)** Unless you are from the same family, only two people will be allowed in each pew.

**2)** People will be sitting in alternating rows to maintain social distancing.

**3)** We will remain at our seats for the sharing of the peace and just acknowledge each other.

**4)** Only the host will be offered for communion. We will offer wine again when we have individual communion cups available.

**5)** We will all wear masks, and hand sanitizer must be used before and after the service.

**6)** The offering plate will remain in the rear of the sanctuary for all to use as they enter and exit.

**7)** Windows will be open during the service.

**8)** Instead of singing we will be humming.

**9)** All will be asked to take their bulletins with them to dispose of at home.

**10)** If you feel sick, please stay home.

Yes, in this "new normal" there are now more things to consider for our gatherings, but we can do this. We can find a way to worship safely. It will be a long and challenging journey, but I have hope in Christ. God promised that he would always be present where two or three are gathered in his name, where the Gospel is proclaimed, and where sacraments are offered. He'll be there for us.

in Christ,  
Pastor Hayley



## From Woodcliff Lake

To Our Friends at Christ Evangelical Lutheran Church,

Thank you for your generous donation of food to the Tri-Boro Food Pantry! It will be used to help fulfill our mission in Northern New Jersey. During this pandemic, we are doing everything we can to keep our volunteers and clients safe. Clients receive grocery bags that are pre-packaged and handled sparingly. We're also making sure that everyone stays socially distant when they come to the pantry. We do our part to treat everyone with care because the need in our area continues to grow. During the pre-pandemic era, we served roughly 30 households a week but in April, that number grew higher than 80. During the first week of May, over 100 families came to our doors. The food items we serve vary each week but we also supplement the donations you

give by purchasing a variety of items. We have partnered with a local dairy to provide fresh milk and eggs. And we also do our best to provide laundry detergent, cleaning supplies, diapers, and feminine hygiene products. It takes more than just a few canned vegetables to help families thrive. Your donation will help families focus on what's important: their health, education, and their ability to take care of one another. Thank you for making a difference in Northern New Jersey.

Sincerely,

Rev. Marc A. Stutzel

Pastor of Christ Lutheran Church,  
Woodcliff Lake

Treasurer, Tri-Boro Food Pantry,  
Park Ridge

## From Paramus

Dear Reverend Bang and Church Community,

Thank you for the generous donations of store gift cards. They came at a perfect time to help our neighbors in need during this pandemic. We have quite a few people who have lost jobs and rely on our help to cover basic living expenses such as utility bills and other essentials. Our neighbors in need are

most often disabled, elderly and families struggling to make ends meet. Thanks again for your thoughtful and generous contributions toward helping our neighbors in challenging circumstances.

Stay safe and be well.

Sincerely,

Irene Maury  
Advisor, Paramus Friendly Neighbors



## Bible Quiz



Ecclesiastes 3:1 says, "For everything there is a season, and a time for every matter under heaven." Which of the following are mentioned in the list that follows?

- A. a time to teach, and a time to learn
- B. a time to mourn, and a time to dance
- C. a time to fast, and a time to eat
- D. a time to work, and a time to rest

(See Ecclesiastes 3:1-8.) Answer: B

CHRIST EVANGELICAL LUTHERAN CHURCH'S CALENDAR OF EVENTS

# JUNE 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> Lectionary Bible Study (Virtual) 11:00am	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b> Worship Service (Virtual) 10:30am	<b>8</b> Lectionary Bible Study (Virtual) 11:00am	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b>  Flag Day Worship Service (Virtual) 10:30am	<b>15</b> Lectionary Bible Study (Virtual) 11:00am	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>  First Day of Summer
<b>21</b>  Father's Day Worship Service (Virtual) 10:30am	<b>22</b> Lectionary Bible Study (Virtual) 11:00am	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>28</b> Worship Service (Virtual) 10:30am	<b>29</b> Lectionary Bible Study (Virtual) 11:00am	<b>30</b>				(CH) Church (FH) Fellowship Hall (FR) Family Room (OB) Office Building (PA) Parsonage